



## Goshen BOYS' RESULTS - SECTION IX Championship @ West Point - Sat 2/17/18

#/22 55m dash		
14	Lingerman, Niel	7.51
22	Siracuse, Robby	8.49

#/14 55m hurdles		
9	Pasquini, Dom	9.01
13	Lingerman, Niel	9.69

#/27 3200m		
2	Greco, Louis	9:32.94
15	Johnson, Andrew	10:49.58
20	Hackman, Aidan	11:25.22

#/30 1000m		
15	Paneto, Nicolas	2:46.22
12	Perrillo-Sullivan, Stephe	2:45.60
22	Perez, Christopher	2:59.20

#/26 Long Jump		
23	Siracuse, Robby	14-5
22	Hackman, Aidan	14-7

#/21 Triple Jump		
16	Pasquini, Dom	35-9.25
20	Johnson, Andrew	33-3
21	Ovando, Patricio	25-11

#/31 600m		
25	Pinto, Ryan	1:37.94
26	Perez, Christopher	1:39.46
29	Hackman, Aidan	1:41.12

#/29 1600m		
1	Higgins, Liam	4:28.91
23	Johnson, Andrew	5:00.90
24	Hannibal, Greg	5:07.36

1500m racewalk		

#/32 300m		
15	Trujillo, Shadeed	39.85
17	Pinto, Ryan	40.08
30	Ovando, Patricio	46.76

#/11 Pole Vault		
8	O'Malley, Austin	10-6

#/31 Shot Put		
9	Serkes, Stephen	36-11.75
28	Pinto, Johnathan	23-6

#/12 3200m Relay (4x800)		
1	Greco, Louis	2:03.4
2	Paneto, Nicolas	2:03.7
3	Perrillo-Sullivan, Stephe	2:11.0
4	Higgins, Liam	2:01.9
	<i>3rd place</i>	<b>8:20.02</b>

#/14 1600m Relay (4x400)		
1	Lingerman, Niel	58.16
2	Trujillo, Shadeed	58.47
3	Perez, Chris	58.34
4	Pinto, Ryan	56.66
	<i>9th place</i>	<b>3:51.71</b>

#/14 800m Relay (4x200)		
1	Trujillo, Shadeed	25.91
2	Ovando, Patricio	28.03
3	Siracuse, Robby	26.59
4	O'Malley, Austin	25.79
	<i>13th place</i>	<b>1:46.48</b>

#/19 High Jump		
12	Pasquini, Dom	5-3

#/26 Weight Throw		
9	Serkes, Stephen	36-0.5
23	Pinto, Johnathan	23-6.5

Full Results: <http://ny.milesplit.com/meets/296403/results/567539/formatted#.WomutKjwblU>



# Goshen Varsity Winter Track

## Goshen GIRLS' RESULTS - SECTION IX Championship @ West Point - Sat 2/17/18

#/19 55m hurdles		
14	Ratray, Mya	9.72
15	Hilton, Saquaya	9.93
17	Fogelman, Ofir	12.11

#/31 55m dash		
14	Medenard-Miller, Jenise	8.21
19	Bricourt, Katleen	8.39
22	Atlas, Maura	8.50

#/16 3000m		
11	Schaff, Madison	12:43.45
14	Kimmel, Jade	13:06.06
15	Lombardi, Marissa	13:11.79

#/25 1000m		
5	Montgomery, Madison	3:11.83
9	Johnson, Lauren	3:19.60

#/22 Long Jump		
19	Medenard-Miller, Jenise	11-4
20	McKenna, Kirsten	11-3

#/18 Triple Jump		
16	Fogelman, Ofir	25-10.75
18	Conklin, Rachel	25-0.5

#/22 600m		
2	Atlas, Grace	1:42.54
21	McKenna, Kirsten	2:01.71

#/22 1500m		
2	Pucci, Kayla	4:55.17
6	O'Donnell, Meghan	5:14.82

#/8 1500m racewalk		
6	Dahowski, Stephanie	8:57.31

#/27 300m		
14	Allspach, Maegan	46.79
22	Atlas, Maura	49.24
25	Taylor, Kaitlyn	50.34

#/11 Pole Vault		
11	Bachorik, Violet	7-0

#/26 Shot Put		
17	Joseph, Gabrielle	25-6.5

#/10 3200m Relay (4x800)		
1	Pucci, Kayla	
2	O'Donnell, Meghan	
3	Atlas, Grace	
4	Montgomery, Madison	
<i>2nd place</i>		<b>10:04.89</b>

#/12 1600m Relay (4x400)		
1	Hilton, Saquaya	65.10
2	Allspach, Maegan	69.40
3	Montgomery, Madison	64.95
4	Atlas, Grace	63.55
<i>3rd place</i>		<b>4:23.12</b>

#/11 800m Relay (4x200)		
	Bricourt, Katleen	30.19
	Medenard-Miller, Jenise	28.83
	Allspach, Maegan	28.01
	Ratray, Mya	29.61
<i>7th place</i>		<b>1:56.68</b>

#/18 High Jump		
5	Hilton, Saquaya	4-10

#/23 Weight Throw		
17	Joseph, Gabrielle	21-5.75

Full Results: <http://ny.milesplit.com/meets/296403/results/567539/formatted#.WomutKjwblU>



## STATE QUALIFIER STANDARDS

*Athletes who have met the standards for the state qualifier meet so far this season*

*The athletes below have met or exceeded the standard marks to compete at the State Qualifier meet on Friday, 2/23. State Quals is limited to a fixed number of athletes in each event (14-30 for distance; 16-30 for sprints; 14 for most field events). Once the performance list is released on Tuesday, coaches will decide which events individuals athletes should compete in. On Wednesday 2/21, there is a "seed meeting" where coaches will scratch athletes from certain events and then it will be determined who is able to compete at State Quals based on the total number of athletes allowed in each event. We will notify all athletes who made the cut on Thursday.*

<b>BOYS</b>				
<u>EVENT</u>	<u>MARK</u>	<u>ATHLETE(S)</u>		
55m dash	7.14	--		
55m hurdles	9.74	Pasquini, Dom (9.01)	Lingerman, Niel (9.69)	
300m dash	40.24	Pinto, Ryan (39.37)	Trujillo, Shadeed (39.61)	
600m	1:34.24	Higgins, Liam (1:25.59)	Greco, Louis (1:27.94)	Paneto, Nicolas (1:29.13)
1000m	2:49.24	Higgins, Liam (2:34.82)	Greco, Louis (2:38.87)	Paneto, Nicolas (2:45.13) Perrillo-Sullivan, Stephen (2:45.60)
1600m	4:57.24	Greco, Louis (4:25.27)	Higgins, Liam (4:28.91)	Perrillo-Sullivan, Stephen (4:31.15) Hackman, Aidan (4:56.81)
3200m	10:45.24	Greco, Louis (9:32.94)	Higgins, Liam (9:36.75)	Paneto, Nicolas (9:59.39) Perrillo-Sullivan, Stephen (10:02.36)
LJ	18-0	--		
PV	9-6	O'Malley, Austin (12-0)		
TJ	36-0	Pasquini, Dom (36-11.5)		
HJ	5-4	--		
SP	36-0	Serkes, Stephen (36-11.75)		
WT	36-0	Serkes, Stephen (36-0.5)		

<b>GIRLS</b>				
<u>EVENT</u>	<u>MARK</u>	<u>ATHLETE(S)</u>		
55 Meter Dash	8.24	Medenard-Miller, Jenise (8.1)		
55 Meter Hurdles	10.24	Rattray, Mya (9.72)	Hilton, Saquaya (9.93)	
300 Meter Dash	49.24	Allspach, Maegan (45.91)	McKenna, Kirsten (48.75)	Taylor, Kaitlyn (48.88) Rattray, Mya (49.19) Bricourt, Katleen (47.99) Atlas, Maura (49.24)
600 Meter Run	1:52.24	Schramm, Kayla (1:41.59)	Atlas, Grace (1:42.54)	Montgomery, Madison (1:45) O'Donnell, Meghan (1:49.52) Johnson, Lauren (1:49.60)
1000 Meter Run	3:40.24	Montgomery, Madison (3:11)	Atlas, Grace (3:14.25)	O'Donnell (3:22.87), Johnson Poppe, Dana (3:36.15) Tippin, Sara (3:37.05) Johnson, Lauren (3:19.60)
1500 Meter Run	5:35.24	Pucci, Kayla (4:55.17)	Schramm, Kayla (4:57.56)	O'Donnell, Meghan (5:14.82)
3000 Meter Run	11:40.24	Schramm, Kayla (10:39.64)	O'Donnell, Meghan (10:54.32)	Pucci, Kayla (11:08.26) Montgomery, Madison (11:21)
Long Jump	14-0	Schramm, Kayla (14-11)		
Triple Jump	30-6	--		
High Jump	4-4	Hilton, Saquaya (5-0)		
Pole Vault	7-6	Bachorik, Violet (7-7)		
Shot Put	25-0	Joseph, Gabrielle (26-3.75)		
Weight Throw	25-0	--		
1500 Meter Walk	9:30	Dahowski, Stephanie (8:54.8)		

***Please check over the above and if your name is not listed and you've met any of these standards, please notify a coach ASAP.***



**Goshen indoor track athletes who have hit state standards**

<u>ATHLETE</u>	<u>EVENT</u>	<u>TIME</u>	<u>MEET</u>	<u>LOCATION</u>	<u>DATE</u>
Greco, Louis	1600m	4:25.24	Developmental Meet A format	Gillis Field House, West Point	January 27, 2018
Greco, Louis	3200m	9:32.94	Section IX Championship	Gillis Field House, West Point	February 17, 2018
Higgins, Liam	1000m	2:34.82	OCIAA Division Champs - 1,3,5	Gillis Field House, West Point	February 3, 2018
Higgins, Liam	3200m	9:36.75	New Balance Games	168th St Armory, New York	January 19, 2018

***If we're missing any athletes/events who've met the below standards, please let us know ASAP!***

<u>EVENT</u>	<u>GIRLS</u>	<u>BOYS</u>
	<u>FAT Time (Hand Time)</u>	<u>FAT Time (Hand Time)</u>
55m Hurdles	8.74 (8.5)	7.94 (7.7)
55m Dash	7.44 (7.2)	6.74 (6.5)
300m Dash	41.94 (41.7)	36.74 (36.5)
600m Run	1:38.74 (1:38.5)	1:24.74 (1:24.5)
1000m Run	3:02.24 (3:02.0)	2:35.24 (2:35.0)
1500m Run	4:49.54 (4:49.3)	xxxxxxx
1600m Run	xxxxxxx	4:28.74 (4:28.5)
3000m Run	10:21.14 (10:20.9)	xxxxxxx
3200m Run	xxxxxxx	9:42.24 (9:42.0)
1500m Race Walk	7:28.24 (7:28.0)	xxxxxxx
Long Jump	17' 02"	21' 06"
Triple Jump	36' 01"	43' 06"
Shot Put	37' 07"	52' 00"
High Jump	5' 03"	6' 04"
Pole Vault	10' 00"	13' 00"
Weight throw	40'00"	45'00"

***Your third place entry in each individual event must have met the qualifying standard in his/her state qualifying meet or in meets designated by the Sectional Coordinator, and must have placed third in the state qualifying meet in order to qualify for the State Meet. The second place relay must hit the standard during the Indoor season in an approved meet and place 2nd at the State Qualifying meet.***